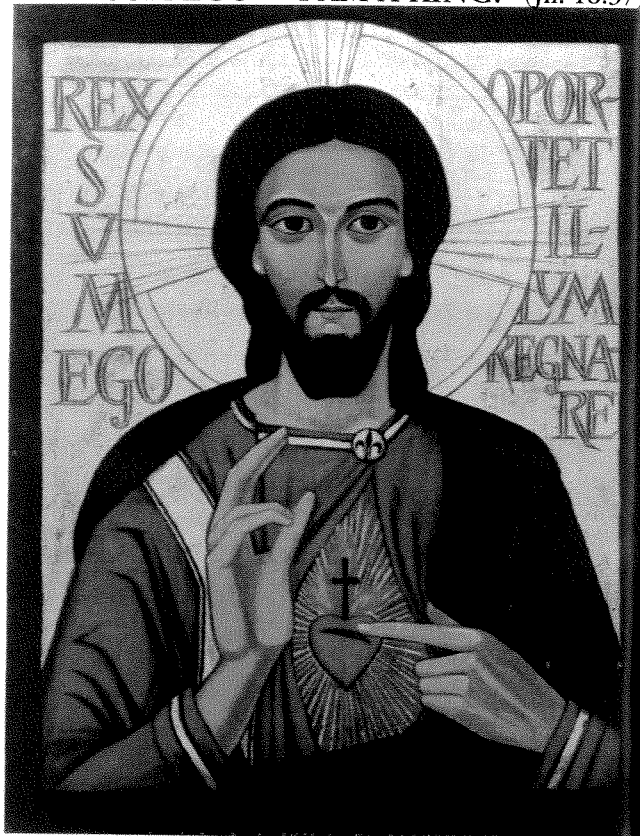


*"REX SUM EGO"—"I AM A KING."* (Jn. 18:37)

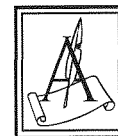


*"OPORTET ILLUM REGNARE"*  
*"HE MUST REIGN."* (I Cor. 15:25)

# JESUS, MAKE ME WORTHY

A PRAYER-BOOK FOR THE  
YOUNG BOY AND GIRL

BY  
REV. ROBERT J. POWER, C.M.



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In memory of  
Meaghan Elizabeth Murphy



## PREFACE

*My dear Child:*

This prayer-book is written just for you.

You will find in it many things that you ought to know. You will find, too, many beautiful prayers that you will want to say.

If you will read it carefully and use it often, you will learn many things about God. You will learn what Sin is, and what it does to your soul; and you will see what Grace is, and how it cures sin and makes your soul pleasing to God.

The Holy Mass and how you should hear it; a good Confes-



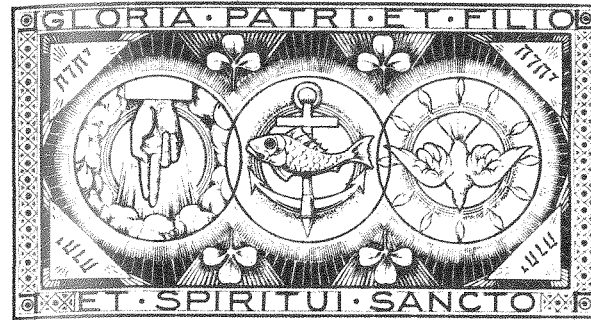
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TABLE OF MOVABLE FEASTS

YEAR	Septuagesima	Ash Wednesday	EASTER	Ascension	Pentecost	Corpus Christi	Sundays after Pentecost	First Sunday of Advent
2008	20 Jan.	6 Feb	23 Mar.	1 May	11 May	22 May	28	30 Nov.
2009	8 Feb.	25 Feb.	12 Apr.	21 May	31 May	11 June	25	29 Nov.
2010	31 Jan.	17 Feb.	4 Apr.	13 May	23 May	3 June	26	28 Nov.
2011	20 Feb.	9 Mar.	24 Apr.	2 June	12 June	23 June	23	27 Nov.
2012	5 Feb.	22 Feb.	8 Apr.	17 May	27 May	7 June	26	2 Dec.
2013	27 Jan.	13 Feb.	31 Mar.	9 May	19 May	30 May	27	1 Dec.
2014	16 Feb.	5 Mar.	20 Apr.	29 May	8 June	19 June	24	30 Nov.
2015	1 Feb.	18 Feb.	5 Apr.	14 May	24 May	4 June	26	29 Nov.
2016	24 Jan.	10 Feb.	27 Mar.	5 May	15 May	26 May	27	27 Nov.
2017	12 Feb.	1 Mar.	16 Apr.	25 May	4 June	15 June	25	3 Dec.
2018	28 Jan.	14 Feb.	1 Apr.	10 May	20 May	31 May	27	2 Dec.
2019	17 Feb.	6 Mar.	21 Apr.	30 May	9 June	20 June	24	1 Dec.
2020	9 Feb.	26 Feb.	12 Apr.	21 May	31 May	11 June	25	29 Nov.
2021	31 Jan.	17 Feb.	4 Apr.	13 May	23 May	3 June	26	28 Nov.
2022	13 Feb.	2 Mar.	17 Apr.	26 May	5 June	16 June	24	27 Nov.
2023	5 Feb.	22 Feb.	9 Apr.	18 May	28 May	8 June	26	3 Dec.
2024	28 Jan.	14 Feb.	31 Mar.	9 May	19 May	30 May	27	1 Dec.
2025	16 Feb.	5 Mar.	20 Apr.	29 May	8 June	19 June	24	30 Nov.
2026	1 Feb.	18 Feb.	5 Apr.	14 May	24 May	4 June	26	29 Nov.
2027	24 Jan.	10 Feb.	28 Mar.	6 May	16 May	27 May	27	28 Nov.
2028	13 Feb.	1 Mar.	16 Apr.	25 May	4 June	15 June	25	3 Dec.
2029	28 Jan.	14 Feb.	1 Apr.	10 May	20 May	31 May	27	2 Dec.
2030	17 Feb.	6 Mar.	21 Apr.	30 May	9 June	20 June	24	1 Dec.
2031	9 Feb.	26 Feb.	13 Apr.	22 May	1 June	12 June	25	30 Nov.
2032	25 Jan.	11 Feb.	28 Mar.	6 May	16 May	27 May	27	28 Nov.
2033	13 Feb.	2 Mar.	17 Apr.	26 May	5 June	16 June	24	27 Nov.
2034	5 Feb.	22 Feb.	9 Apr.	18 May	28 May	8 June	26	3 Dec.
2035	21 Jan.	7 Feb.	25 Mar.	3 May	13 May	24 May	28	2 Dec.
2036	10 Feb.	27 Feb.	13 Apr.	22 May	1 June	12 June	25	30 Nov.
2037	1 Feb.	18 Feb.	5 Apr.	14 May	24 May	4 June	26	29 Nov.
2038	21 Feb.	10 Mar.	25 Apr.	3 June	13 June	24 June	23	28 Nov.
2039	6 Feb.	23 Feb.	10 Apr.	19 May	29 May	9 June	25	27 Nov.
2040	29 Jan.	15 Feb.	1 Apr.	10 May	20 May	31 May	27	2 Dec.
2041	17 Feb.	6 Mar.	21 Apr.	30 May	9 June	20 June	24	1 Dec.
2042	2 Feb.	19 Feb.	6 Apr.	15 May	25 May	5 June	26	30 Nov.
2043	25 Jan.	11 Feb.	29 Mar.	7 May	17 May	28 May	27	29 Nov.
2044	14 Feb.	2 Mar.	17 Apr.	26 May	5 June	16 June	24	27 Nov.
2045	5 Feb.	22 Feb.	9 Apr.	18 May	28 May	8 June	26	3 Dec.



CHAPTER FIRST

SOME THINGS THAT YOU MUST KNOW ABOUT GOD

**G**OD is one. There are Three Persons in God, the Father, the Son, and the Holy Ghost. Each of these Persons is truly God. That is what we mean by the *Blessed Trinity.*

The Second Person of the Blessed Trinity, Jesus Christ,

became man. He took to Himself a body and a soul like yours. That is what we mean by the *Incarnation*.

Jesus Christ was born of the Blessed Virgin Mary. He lived upon earth thirty-three years. He suffered and died upon the cross for our sins. That is what we mean by *Redemption*.

Everything in heaven and upon earth was made by God—the smallest blade of grass, the tiniest flower, the largest tree. He made the animals, the angels, and man. That is what we mean by saying that God is the *Creator*.

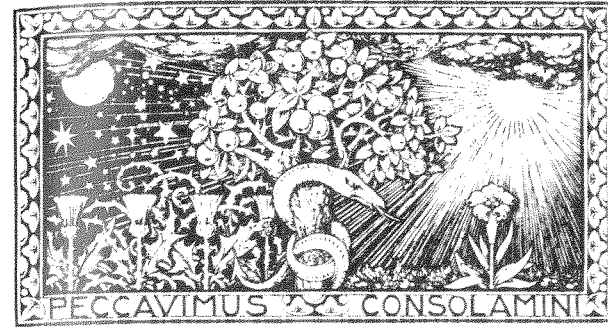
God is everywhere. He rules all things, preserves all things, sees all things. He sees into our minds and our hearts. He knows all our thoughts, all our desires, and he sees everything that we do. He rewards the good and He punishes the wicked. That is what we mean by saying that He is the *Judge* of the living and of the dead.

We are in this world to know God, to serve Him and to love Him, so that we may be happy with Him in the life to come.

My dear child, you should know all the above truths. You should learn them by heart. You should never forget them.

## 14 THINGS TO KNOW ABOUT GOD

They are the A.B.C.'s of your Catholic Religion. God Himself came down from heaven to teach us these truths.



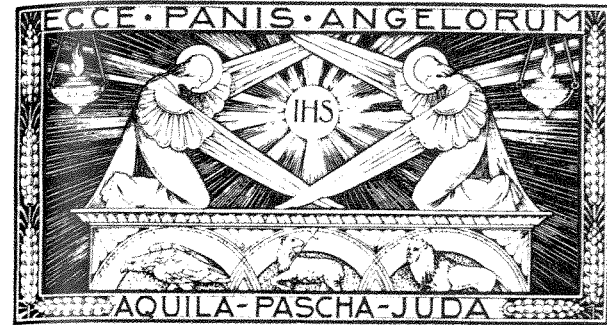
## CHAPTER SECOND

### THE MEANING OF LIFE

What a good child  
should live for

**A** Catholic child should have—  
One great desire  
to love *Jesus*  
One great joy  
to possess *Jesus*  
One great fear  
to lose *Jesus*  
One great model  
the *Child Jesus*

from this hour to the moment of my death. Spirit of Understanding! enlighten and teach me. Spirit of Counsel! direct my youth and inexperience. Spirit of Fortitude! strengthen my weakness. Spirit of Knowledge! instruct mine ignorance. Spirit of Piety! make me fervent in good works. Spirit of Fear! restrain me from all evil. Amen.



## CHAPTER TWENTY-FIRST

### BENEDICTION OF THE BLESSED SACRAMENT

*My dear Child:*

What does Benediction mean? It means that Our Lord blesses us. He is brought forth from the Tabernacle and then placed high upon the Altar.

Many candles are lighted. Incense is burned. Flowers are placed around His Throne.

We try to show Him that He is our King; we draw near to Him and sing His praises; we tell Him of our dangers and we ask Him to protect us; we ask Him to bless



us and to bring us at last to His home in heaven.

A good Catholic child should love to assist at Benediction.

The little children who lived in our Lord's time drew near to Him and He laid His hands upon them and blessed them. He will do the same for you at Benediction.

Here are the hymns that are sung—with the meaning written between the lines:

O Salutaris Hostia

O SALUTARIS Hóstia,

O Saving Victim! opening wide  
 Qui cœli pandis óstium:  
 The gate of Heaven to man below!  
 Bella premunt hostília:  
 Our foes press on from every side;  
 Da robur, fer auxílium.  
 Thine aid supply, Thy strength  
 bestow.

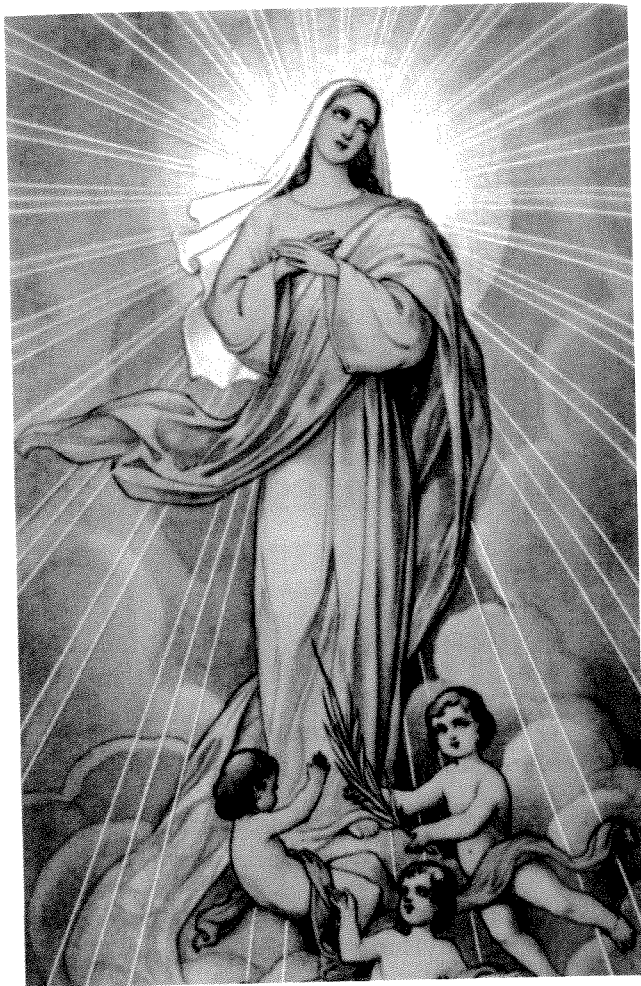
Uni trinóque Dómino  
 To Thy great Name be endless  
 praise,

Sit sempitérna glória,  
 Immortal Godhead! One in Three!

Qui vitam sine término  
 O grant us endless length of days  
 Nobis donet in pátria.  
 In our true native land with Thee!

Tantum Ergo

Tantum ergo Sacraméntum,  
 Down in adoration falling,  
 Venerémur cernui;  
 Lo! the sacred Host we hail!  
 Et antíquum documéntum  
 Lo! o'er ancient forms departing  
 Novo cedat rítui;  
 Newer rites of grace prevail;



## CATH. CHILD AND BL. VIRGIN 265

Is it not wonderful to have this lovely Queen of Heaven for your mother?

You must try to show her that you love her.

Pray to her every day. Let her sweet name and that of Jesus be first on your lips in the morning and last at night.

Wear the Scapular and Miraculous Medal. It is a sign that you are hers.

Say her Rosary. It is a wreath of beautiful roses which you can lay at her feet.

Imitate her virtues. Try to avoid the least sin; be humble and obedient, and love Jesus with all your soul.

### THE MEMORARE

REMEMBER, O most loving Virgin Mary, that never was it known that any one who fled to thy protection, implored thy help, and sought thine interces-