

## Objectives

1. This workbook has been designed to continue cursive handwriting development and practice for the first grade level.
2. Students will learn from repetitious practice, the proper technique for, and formation of lower and upper case cursive letters and short words.
3. The workbook will also be used in conjunction with the spelling component of our program as many of the short words come directly from the spelling lessons for the week. This will help to improve the student's penmanship while providing additional practice for each week's spelling lesson.
4. At week # 30 (4th quarter) in the kindergarten grade level, cursive handwriting practice begins for all students. Teachers should emphasize the use of cursive writing on all work as soon as possible, especially for the work submitted to tutors. Only where absolutely necessary, special exceptions may be obtained from O.L.V.S to deviate from this practice.

## Method

- A. On assigned days of each week's lesson, the student will trace over each of the dotted examples as well as continue practice of the examples to the end of each line. One dot on subsequent lines are given where students should begin writing the example on their own.
- B. After the student has written a line of the examples, check his/her work for conformity. Carefully note any deviations from the examples. (i.e., letter not reaching full or half height lines, or no loop in letters like b,d,l, or g,q,y etc.)
- C. Have your student copy and write each succeeding example, carefully correcting any deviations noted from the preceding attempts. This will help to improve your students penmanship, and to develop habits that will help produce proper penmanship abilities.
- D. Unfinished work may be assigned for homework, or seat-work where needed to complete each assignment.

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## General Handwriting Instructions

The handwriting pages have been designed as a tool to help the student to learn the proper formation of each letter and number by means of repetitious practice, as well as the proper letter connection from one letter to another, and to reinforce the proper writing techniques taught at this level.

Be sure the child sits properly, holds the pencil correctly, and slants the writing paper. The paper should be placed directly in front, slanted at the same angle as the writing arm. (Approximately 15°) The arm should slide easily across the paper. The pencil should point toward the shoulder of the hand holding the pencil. The child should grasp the pencil between the thumb and index finger, letting it rest lightly on the middle finger. Tutor should demonstrate this often, as well as monitor the students performance throughout the course.

A left handed student should slant the paper in the opposite direction of a right handed student. The student should not be allowed to "hook" by bending the wrist with the hand above the writing line. The slant in either case (for both right and left handed students) should match the slant in this book and in the "Traditional Catholic Spelling Workbooks" available from Our Lady of Victory School for Grades 1B through 8.

Aa Bb Cc Dd Ee

Ff Gg Hh Ii Jj

Kk Ll Mm Nn

Oo Pp Qq Rr Ss

Tt Uu Vv Ww

Xx Yy Zz . , ? !

1 2 3 4 5 6 7 8 9 10

**Example:**  
Cursive Letters  
Upper and  
Lower Case  
with Numbers  
and Punctuation

Use this example  
as a guide to teach  
proper upper and  
lower case letter  
formation.

The small numbers  
and arrows indicate  
the stroke order  
and direction.

A 15° slant from  
the bottom left to  
the top right shall  
be maintained in  
all upper and lower  
case lettering and  
numbers.

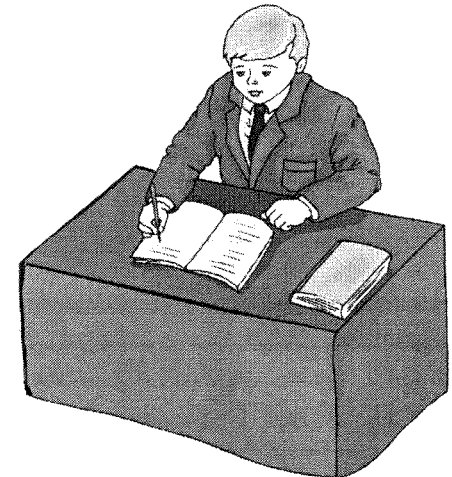
All upper case  
letters extend the  
full line height,  
even for those  
letters which  
extend below  
the bottom line.

# FIRST GRADE

## Writing Course

*Cursive*

*Hand*



**Example:**  
Cursive Letters  
Upper Case  
with Numbers

Use this example as a guide to teach proper upper case letter formation.

The small numbers and arrows indicate the stroke order and direction.

A 15° slant from the bottom left to the top right shall be maintained in all upper case lettering and numbers.

All upper case letters extend the full line height, even for those letters which extend below the bottom line.

All cursive numbers are 3/4 line height and have the same 15° slant as the letters.

**Example:**  
Cursive Letters  
Lower Case  
with Numbers

Use this example  
as a guide to teach  
proper lower case  
letter formation.

The small numbers  
and arrows indicate  
the stroke order  
and direction.

A 15° slant from  
the bottom left to  
the top right shall  
be maintained in  
all lower case  
lettering and  
numbers.

All cursive  
numbers are 3/4  
line height and  
have the same 15°  
slant as the letters.

Note that there is  
no difference in the  
cursive hand when  
writing in either  
upper or lower case  
hand, the number  
will remain the  
same height

a b c d e

f g h i j

k l m n o

p q r s t

u v w x

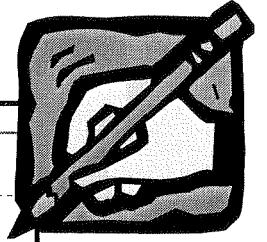
y z

1 2 3 4 5 6 7 8 9 10

Aa Bb Cc Dd Ee Ff Gg Hh Ii Jj Kk Ll Mm  
Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

Write Upper Case Letters *a* through *m*

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Catholic Writing Skills Workbook - Grade 1B



### Basic Letter Stroke Skills

Practice the letter group given in the lesson plans for this day.

Trace over the examples given, then on their own have the students write the upper case letter next to the example on each line.

Have the student strive to make each letter appear as it does on the list at the top of this page.

Be sure the student keeps the correct (15°) slant.

**NOTE:** The gray shaded capital letters on the top list *do not* connect to the following letter.

A

B

C

D

E

F

G

H

I

J

K

L

M

Aa Bb Cc Dd Ee Ff Gg Hh Ii Jj Kk Ll Mm  
Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz



Our Lady of Victory School  
Catholic Writing Skills Workbook - Grade 1B

Write Upper Case Letters *N* through *Z*

Basic Letter  
Stroke Skills

Practice the letter group given in the lesson plans for this day.

Trace over the examples given, then on their own have the students write the upper case letter next to the example on each line.

Have the student strive to make each letter appear as it does on the list at the top of this page.

Be sure the student keeps the correct (15°) slant.

**NOTE:** The gray shaded capital letters on the top list *do not* connect to the following letter.

*N*

*O*

*P*

*Q*

*R*

*S*

*T*

*U*

*V*

*W*

*X*

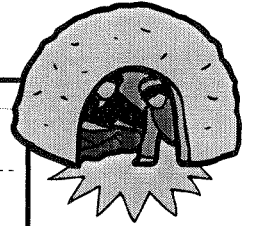
*Y*

*Z*

Aa Bb Cc Dd Ee Ff Gg Hh Ii Jj Kk Ll Mm  
Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

Lesson # 1

Our Lady of Victory School  
Catholic Writing Skills Workbook - Grade 1B



**Basic Letter  
Linking Skills**

**Letter I**

Trace over each of the examples given. Be sure to put a dot above the letter.

Follow the direction of the arrow on the samples.

Practice this letter to the end of each line.

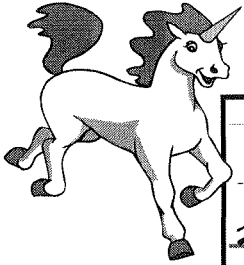
Begin each letter on the dot where they are provided, and space the letter evenly across undotted lines.

Be sure the student keeps the correct (15°) slant.

This section contains two columns of handwriting practice. The first column shows the cursive letter 'i' with a dot above it. The first row has four examples: a solid 'i', a dotted 'i', and two more dotted 'i's. The second row has four dotted 'i's. The third row has four dotted 'i's. The fourth row has four dotted 'i's. The fifth row has four dotted 'i's. The sixth row has four dotted 'i's. The seventh row has four dotted 'i's. The eighth row has four dotted 'i's. The ninth row has four dotted 'i's. The tenth row has four dotted 'i's. The eleventh row has four dotted 'i's. The twelfth row has four dotted 'i's. The thirteenth row has four dotted 'i's. The fourteenth row has four dotted 'i's. The fifteenth row has four dotted 'i's. The sixteenth row has four dotted 'i's. The seventeenth row has four dotted 'i's. The eighteenth row has four dotted 'i's. The nineteenth row has four dotted 'i's. The twentieth row has four dotted 'i's. The twenty-first row has four dotted 'i's. The twenty-second row has four dotted 'i's. The twenty-third row has four dotted 'i's. The twenty-fourth row has four dotted 'i's. The twenty-fifth row has four dotted 'i's. The twenty-sixth row has four dotted 'i's. The twenty-seventh row has four dotted 'i's. The twenty-eighth row has four dotted 'i's. The twenty-ninth row has four dotted 'i's. The thirtieth row has four dotted 'i's. The thirty-first row has four dotted 'i's. The thirty-second row has four dotted 'i's. The thirty-third row has four dotted 'i's. The thirty-fourth row has four dotted 'i's. The thirty-fifth row has four dotted 'i's. The thirty-sixth row has four dotted 'i's. The thirty-seventh row has four dotted 'i's. The thirty-eighth row has four dotted 'i's. The thirty-ninth row has four dotted 'i's. The fortieth row has four dotted 'i's. The forty-first row has four dotted 'i's. The forty-second row has four dotted 'i's. The forty-third row has four dotted 'i's. The forty-fourth row has four dotted 'i's. The forty-fifth row has four dotted 'i's. The forty-sixth row has four dotted 'i's. The forty-seventh row has four dotted 'i's. The forty-eighth row has four dotted 'i's. The forty-ninth row has four dotted 'i's. The fiftieth row has four dotted 'i's.	This section contains two columns of handwriting practice. The first column shows the cursive letter 'l' with a dot above it. The first row has four examples: a solid 'l', a dotted 'l', and two more dotted 'l's. The second row has four dotted 'l's. The third row has four dotted 'l's. The fourth row has four dotted 'l's. The fifth row has four dotted 'l's. The sixth row has four dotted 'l's. The seventh row has four dotted 'l's. The eighth row has four dotted 'l's. The ninth row has four dotted 'l's. The tenth row has four dotted 'l's. The eleventh row has four dotted 'l's. The twelfth row has four dotted 'l's. The thirteenth row has four dotted 'l's. The fourteenth row has four dotted 'l's. The fifteenth row has four dotted 'l's. The sixteenth row has four dotted 'l's. The seventeenth row has four dotted 'l's. The eighteenth row has four dotted 'l's. The nineteenth row has four dotted 'l's. The twentieth row has four dotted 'l's. The twenty-first row has four dotted 'l's. The twenty-second row has four dotted 'l's. The twenty-third row has four dotted 'l's. The twenty-fourth row has four dotted 'l's. The twenty-fifth row has four dotted 'l's. The twenty-sixth row has four dotted 'l's. The twenty-seventh row has four dotted 'l's. The twenty-eighth row has four dotted 'l's. The twenty-ninth row has four dotted 'l's. The thirtieth row has four dotted 'l's. The thirty-first row has four dotted 'l's. The thirty-second row has four dotted 'l's. The thirty-third row has four dotted 'l's. The thirty-fourth row has four dotted 'l's. The thirty-fifth row has four dotted 'l's. The thirty-sixth row has four dotted 'l's. The thirty-seventh row has four dotted 'l's. The thirty-eighth row has four dotted 'l's. The thirty-ninth row has four dotted 'l's. The fortieth row has four dotted 'l's. The forty-first row has four dotted 'l's. The forty-second row has four dotted 'l's. The forty-third row has four dotted 'l's. The forty-fourth row has four dotted 'l's. The forty-fifth row has four dotted 'l's. The forty-sixth row has four dotted 'l's. The forty-seventh row has four dotted 'l's. The forty-eighth row has four dotted 'l's. The forty-ninth row has four dotted 'l's. The fiftieth row has four dotted 'l's.
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Aa Bb Cc Dd Ee Ff Gg Hh Ii Jj Kk Ll Mm  
Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz



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Catholic Writing Skills Workbook - Grade 1B

Lesson # 2

**Basic Letter  
Linking Skills**

**Letter U**

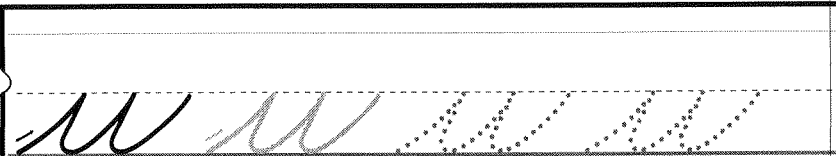
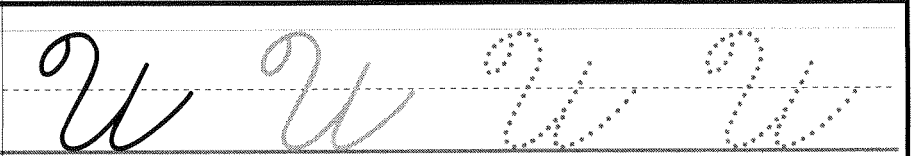
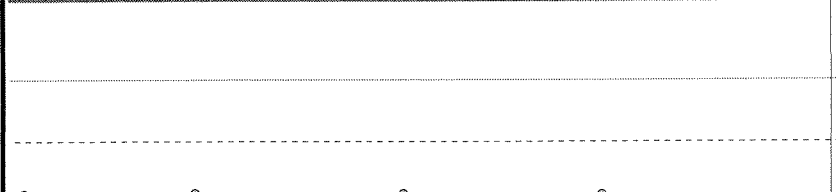
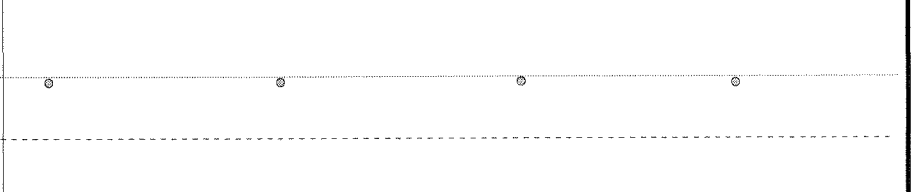
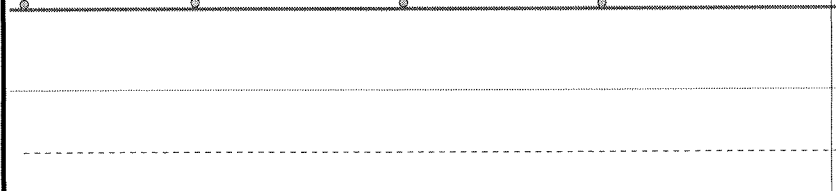
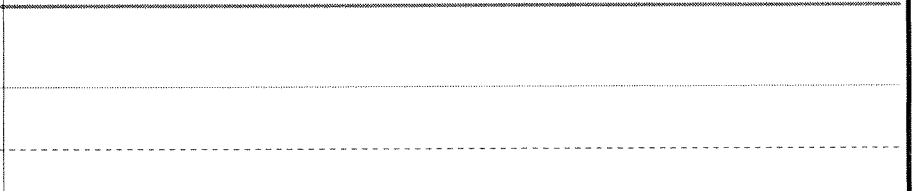
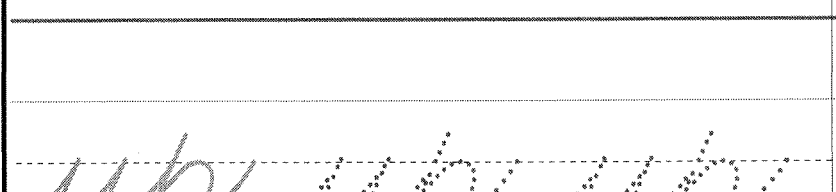
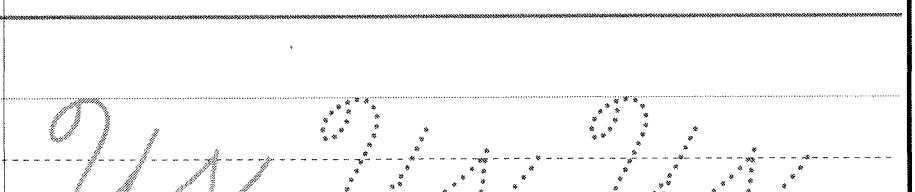
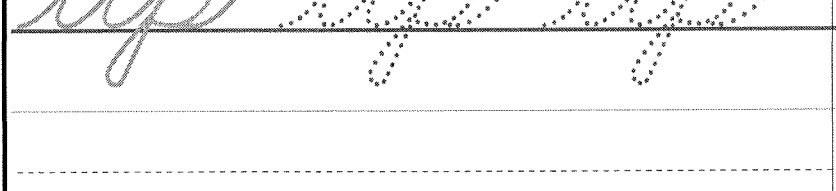
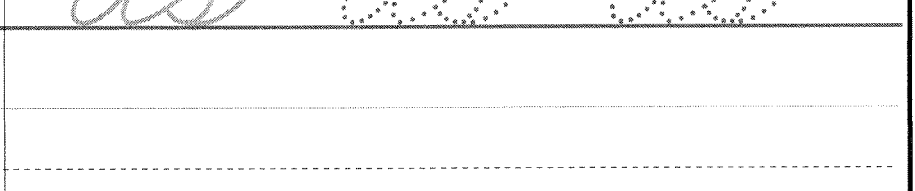
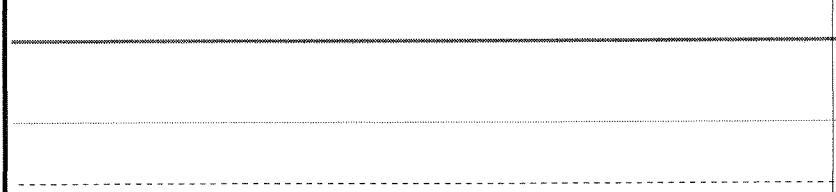
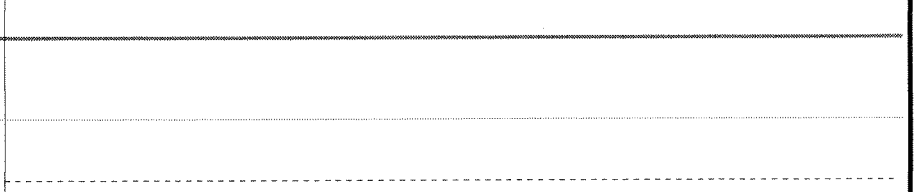


Trace over each  
of the examples  
given.

Follow the  
direction of the  
arrow on the  
samples.

Practice this  
letter to the end  
of each line.

Begin each  
letter on the dot  
where they are  
provided, and  
space the letter  
evenly across  
undotted lines.

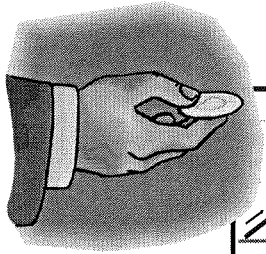
Be sure the  
student keeps  
the correct  
(15°) slant.

Aa Bb Cc Dd Ee Ff Gg Hh Ii Jj Kk Ll Mm  
Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

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Catholic Writing Skills Workbook - Grade 1B

Lesson # 30



G G G G

Basic Letter  
Stroke Skills

Letters G & H  
Upper Case

Trace over  
each of the  
examples given.

G G G G

Practice this  
letter to the end  
of each line.

H H H H

Begin each  
letter on the dot  
where they are  
provided, and  
space the letter  
evenly across  
undotted lines.

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Be sure the  
student keeps  
the correct  
(15°) slant.

H H H H