

Jesus Gave His Church Seven Sacraments

THE saving work of Jesus Christ is continued in the Church. Through the gift of the Holy Spirit, the Church enjoys the presence of Jesus and carries on His mission of saving our souls. The Church does this by means of the Sacraments that Jesus gave to His Church.

JESUS gave us the Seven Sacraments to make us holy and to give worship to God. The Sacraments are:

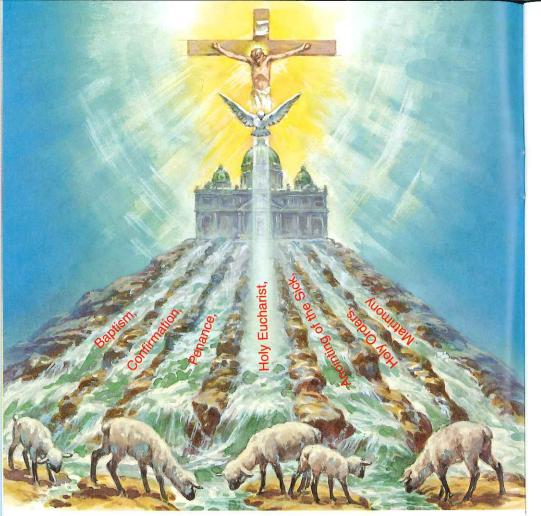
are:	Page
	1. Baptism ,
	2. Confirmation , 8
	3. Penance ,
	4. Holy Eucharist, 15
	5. Anointing of the Sick, 25
	6. Holy Orders, 26
	7. and Matrimony 28

The Sacraments give us God's grace.

Grace gives us a new life, God's own life. It makes our soul holy and beautiful. It makes us children of God and opens heaven for us. God lives in us through His grace. This new life is called **sanctifying grace**.

God also gives us help — light for our mind and strength for our will, that we may see what is good and do it, and that we may keep away from evil. This grace is called **actual grace**.





Sacraments Are Signs That Give Grace

THE Sacraments are like seven rivers of grace flowing from the Savior on the Cross, through the Catholic Church. Jesus is our Good Shepherd and we are His sheep. He gives us God's life and help through the grace we receive.

JESUS died on the Cross to win grace for our souls. The Holy Spirit makes us holy by giving us His grace, which we cannot see. The signs of the Seven Sacraments let us know that God's grace is being given to our soul when we receive the Sacrament. We can see the signs with our eyes, but it is only through our faith that we know God's grace is given to us. We believe this on the word of Jesus Himself Who gave us the Sacraments so that we might share God's own life through grace.

A SACRAMENT

IS A

CHANNEL

OF GRACE

